

Appendix

Vices and Virtues Identified by Hildegard of Bingen
With Organ/System and Physical Disorders Identified by Dr. Wighard Strehlow*

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	Negative Forces (Vices)	Positive Forces (Virtues)	Vertebra	Organ/System Physical Disorder
1	Material love	Heavenly love	C1	Eyes, inflammation, infection, arthritis
2	Petulance	Discipline	C2	Ears. Liver, infection, asthma
3	Love of entertainment	Love of Simplicity	C3	Nose, larynx, trachea, asthma, hay fever, colds
4	Hard-heartedness	Compassion	C4	Mouth, bronchi, lungs, heart arteriosclerosis
5	Cowardice	God's Victory	C5	Skin, herpes, psoriasis, shivers and fever
6	anger	Tranquility	C6	Immune system, autoaggression, viral infection
7	Inappropriate mirth	Yearning for God	C7	Lymphatic system, back pain, viral infection
8	Gluttony	Abstinence	Th1	Stomach and intestinal system, heart
9	Bitterness of heart	Generosity	Th2	Intestinal system, gallbladder, heart, inflammation, allergies
10	Wickedness	Devotion	Th3	Stomach and intestinal system, gastro-cardiac symptoms, gas, constipation, bleeding hemorrhoids
11	lying	Truth	Th4	Stomach and intestinal system, Gastro-cardiac symptoms, ulcers, cancer, polyps
12	Contention	Peace	Th5	Stomach and intestinal system, liver, bile ducts, pancreas, colitis, gastritis, Crohn's disease
13	Unhappiness	Blessedness	Th6	Stomach and intestinal system, pancreas, Colitis, gas, cancer
14	Immoderation	Discretion	Th7	Stomach and intestinal system, liver, biliary tract, pancreas, heartburn, gastritis, colitis
15	Doomn	Salvation	Th8	Stomach and intestinal system, liver, biliary tract, pancreas, migraine, asthma, pre-cancer, fibromyalgia, sciatica
16	Arrogance	Humility	Th9	Small and large intestines, liver, pancreas, muscles, nerves, joints, inflammation, infection

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17	Envy	Charity	Th10	Kidneys, suprarenal glands, intestines, liver, immune deficiency, autoaggression, cancer, AIDS, multiple sclerosis, polyarthritis
18	Thirst for Glory	Reverence for God	Th11	Stomach and intestinal system, kidney disorders, inflammation, gas
19	Disobedience	Obedience	Th12	Intestines, back, legs, feet, kidneys, phlebitis, leg ulcers
20	Lack of faith	Faith	L1	Back, intestines, kidneys, ovaries, vagina, testes, penis, prostate, urinary tract, bladder, sciatica, stomach and intestinal disorders, depression, insomnia
21	Desperation	Hope	L2	Back, intestines, uterus, testes, penis, prostate, urinary tract, bladder, back pain, gallbladder infection, appendicitis
22	Obscenity	Chastity	L3	Back, intestines, uterus, testes, penis, prostate, rheumatism, sexual disorders, insomnia, gas, autoaggression
23	Injustice	Justice	L4	Back, intestines, uterus, ovaries, vagina, testes, penis, prostate, rheumatism, sciatica, osteomyelitis, back pain
24	Lethargy	Fortitude	L5	Back, intestine, back pain, asthma, depression, nerve pain
25	Oblivion	Holiness	S1	Back, rectum, back pain, lumbago, sciatica, colitis, phlebitis, colon cancer
26	Instability	Stability	S2	Back, urinary tract, bladder, weakness of the immune system, urinary infection, autoaggression
27	Concern for Worldly Goods	Heavenly Desire	S3	Back, sex organs, back pain, rheumatism, inflammation, infection
28	Obstinacy	Remorse	S4	Back, external genitals, arteriosclerosis, cerebral sclerosis, stroke, heart attack, Alzheimer's disease
29	Craving	Letting Go	S5	Back, genitals, back pain, cystitis, dropsy, kidney disease, obsession, addiction
30	Discord	Concord	Coccyx 1	Back, genitals, back pain, lumbago, sciatica, rheumatism, mental disorder
31	Scurrility	Reverence	Coccyx2	Lower back, genitals, spinal disorders, immune deficiency,

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32	Vagabondage	Stability	Coccyx3	autoaggression Lower back, genitals, colitis, colon cancer, gas
33	Occultism	Dedication to God	Coccyx4	Genitals, sexual disorders, metabolic disorders, hormone disturbances
34	Avarice	Satisfaction	Coccyx5	Lower back, genitals, metabolic disturbances, diabetes, thrombosis, embolism, depression, weak nerves
35	Melancholy	Heavenly Joy	Skull	Head, heart, mental disorders, angina pectoris, depression, suicide

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**Hildegard of Bingen's Spiritual Remedies* by Dr. Wighard Strehlow, pp.3-7.